



## 2016-2017 GRANT RECIPIENTS

### *Central Iowa*

#### **Breast Screening for Iowa's Underserved, Low-Income Women: \$161,717**

Iowa Department of Public Health, Des Moines IA

The Iowa Department of Public Health (IDPH) will provide access to breast screening and diagnostic services to low-income, uninsured or underinsured women throughout the Susan G. Komen Iowa Greater Iowa's 106 county service area through the Care for Yourself program. This program provides no cost mammograms at participating local clinics for Iowa women ages 40-64. It's easy to enroll, and no documentation is required. To get enrolled in the program, contact your local health department or email Jolene Carver [Jolene.carver@idph.gov](mailto:Jolene.carver@idph.gov). Stay up-to-date on the program on Facebook: CareforYourselfCFY.

#### **Polk County Health Department Breast Health Initiative: \$100,844**

Polk County Health Department, Des Moines IA

The purpose of this project is to increase breast cancer health services for early detection to increase survival rates for women/men in the project area as well as address health disparities for low income and ethnic minorities. Polk County Health Department will increase the percentage of people who enter, stay in, or progress through the continuum of care through program activities. For example, providing education for breast health literacy, providing bi-lingual (English/Spanish) patient navigation services for Spanish-speakers and providing patient navigation services to address access issues, and delays/barriers to care for uninsured, underinsured and insured (especially newly insured/recently uninsured) including scheduling, reminders and follow-up. For more information call (515) 286-2018 or visit [www.polkcountyiowa.gov/health](http://www.polkcountyiowa.gov/health)

#### **Casting for Recovery: \$1,000**

Casting for Recovery is a refreshing retreat that provides breast cancer survivors a respite from familiar routines in a natural setting where emotional well-being can flourish. It also promotes lessening survivors' isolation, problem solving, and coping skills, through an opportunity to be with other survivors. The retreats begin with a welcome gathering. Also, participants are introduced to fly-fishing by qualified staff through casting sessions, entomology, and a class on equipment and knots. The Psychosocial Facilitator then gathers with the participants for a time of sharing the overall psychological effects of breast cancer. On Sunday, river helpers arrive to guide the women in catch and release fishing. For more information call (802)362-9181 or visit <https://castingforrecovery.org/breast-cancer-retreats/iowa/>

### **Des Moines Urban Experience Magazine: \$5,000**

This project sponsored a breast cancer awareness, October edition, while targeting the African American community. We know that breast cancer affects women nationwide, and know that African American women are the most at risk population to get breast cancer. Many times women may not recognize the signs and symptoms. This project reaches out to other agencies to share information on breast cancer. The goal of this edition is to empower our readers with the information they read to take action. For more information call (515)829-0927 or visit <http://www.dsmurban.com/>.

### **Project Early Awareness: \$4,970**

Chrysalis Foundation, Des Moines, IA

Project Early Awareness (PEA) curriculum designed to increase girls' knowledge - and the knowledge of their female adult relatives - about breast cancer and to encourage their commitment to lifelong breast health. Middle school girls in 17 Chrysalis After-School programs will be educated about breast development, cancer risk factors, and the importance of early detection. Female adults will also be provided with a guide to local resources for free mammograms and other services. High school girls serving as peer mentors for Chrysalis After-School programs will be trained in PEA and will educate girls in middle school programs, involving them to also educate their female adult relatives to begin or continue routine screening for breast cancer. For more information call (515)255-1853 or visit <http://www.chrysalisfdn.org/>.

### ***Western Iowa, Nebraska and South Dakota***

### **Winnebago Tribe of Nebraska: Clinical Breast Examiner Training: \$5,070**

To make up for the loss of Women's Health Providers at the Winnebago Hospital, the mammography tech will advance her training to include performing physical clinical breast exams with mammograms. She will also purchase an exam table. They expect to serve 250 women in 2016, and even more in future years.

### **Native American Breast Health Education: \$10,103**

June E Nylén Cancer Center, Sioux City, IA

712.722.1700 [www.promisechc.org](http://www.promisechc.org)

The June E Nylén Cancer Center will provide breast health education to native Americans living in Thurston County. They will partner with Winnebago Tribe of Nebraska and the Omaha Tribe of Nebraska. Educational programs will be held in Winnebago and Macy. They expect an increase in knowledge of Native women of breast cancer prevention, screening, treatment and quality of life efforts.

### **Navigating the Continuum of Care One Patient at a Time: \$95,500**

Jennie Edmundson Hospital, Council Bluffs IA

Jeannie Edmundson aims to educate women on importance of breast self-awareness and knowing their risks, Increase access to care through building partnership within Adair, Cass, Mills, Montgomery, Pottawattamie and Shelby county. In addition to addressing access to care, Jeannie Edmundson Hospital will be providing funds to assist uninsured and/or underserved women with cost of mammograms and diagnostic testing in southwestern Iowa. For more information call 712.396.4117 or visit <http://www.jehfoundation.org/home/>

**Montgomery County Memorial Hospital: \$4,500**

This project uses weekly education to explore topics such as nutrition, supplements, coping, anxiety and depression, relationships, exercise, spirituality, sexual functioning, happiness, relaxation, and mental attitude. The group discussion then explores the information further, identifying ways to incorporate this knowledge into daily life. During weekly “power tool” demonstrations participants learn and practice specific coping techniques to help manage anxiety and promote healing. Each week ends with journaling, affirmations and positive intentions. For more information call (712) 623-7460 or email [ajones@mcmh.org](mailto:ajones@mcmh.org)

**Sister to Sister (Hermana a Hermana): \$18,944**

Promise Community Health Center, Sioux City IA

The Promise Community Health Center seeks to reduce the incidence of and mortality rate from breast cancer in Sioux and Lyon counties by increasing awareness of and access to breast health care, education and mammography services. Disproportionately high incidence and mortality rate for breast cancer and the barriers of poverty rates, cultural differences and lack of insurance coverage are obstacles that the PCHC seeks to overcome. They will offer grant funded mammograms and community presentations. For more information contact Emily Tuschen at (712) 722-1700.

*Eastern Iowa and Illinois*

**Muscatine Breast Cancer Outreach and Education Program: \$16,921**

Gilda’s Club Quad Cities, Davenport IA

This program consists of several lunch-and-learn type sessions at various businesses and organizations in Muscatine County and aims to provide education information on breast health, screening and care to its residents. If your business is interested in hosting a lunch-and-learn for your employees, contact Kelly Hendershot, Program Coordinator at 563-3267504. For more information about Gilda’s Club Quad Cities, visit [www.gildasclubqc.org](http://www.gildasclubqc.org).

**Pink Pass Call to Action: \$75,998**

UnityPoint Health-Trinity, Rock Island IL

Trinity This program targets women residing in Mercer and Muscatine Counties. The Breast Health Outreach Coordinators distribute a “Pink Pass” to women to take, which is redeemable for a \$10 Hy-Vee gift card when scheduling their mammograms any of the UnityPoint Health – Trinity imaging centers (Bettendorf, Moline or Muscatine). For more information about this program and how to obtain a “Pink Pass” call either Sheila Mooney (Mercer County) at 309-7795166 or Kristi Siwajek (Muscatine County) at 563-262-2038.

**The Voucher Program-Mammograms & Ultrasounds: \$114,000**

Genesis Health System, Davenport IA

There are no age restrictions or income guidelines for an individual to use this program. It’s available to individuals residing in any of the counties in the Komen Quad Cities’ service area: Cedar, Clinton, Muscatine, Scott, Henry, Mercer, Rock Island, or Whiteside. For more information about obtaining a voucher call 563-421-1921 or [borisc@genesishealth.com](mailto:borisc@genesishealth.com). More information about this and other financial assistance programs can be found online at [www.genesishealth.com](http://www.genesishealth.com).